



## Newsletter – October 2022

### Open Meeting

On the 5th of September we were introduced to the traditions of Cornish Dance. Merv and Alison Davey of the Dance Music of the Clay Country Project which is supported by the Cornish National Music Archive posed as nineteenth century itinerant musicians in the St Austell and St Blazey area. They introduced us to the dance music of the “clay country”. The “clay” is the area centred around St Austell where china clay (kaolin), first discovered in Cornwall at Trepanning Hill by William Cooksworthy in 1745 to make hard paste porcelain, is mined. During the nineteenth century small open cast mines proliferated in the area creating a nouveau riche group in society whose children were taught to dance.

We heard the Cornish bagpipes, learnt the Cornish connection of banjos and saw the jig puppet dance. The pipes played were double-chanter pipes based on a medieval carving in the church at Altarnun. We were surprised to learn that there is also a medieval record of bagpipes played at the Lostwithiel Riding.

**The next Open Meeting** is on the 7th November 2022 when we'll hear a talk about our local Lostwithiel Museum.

### Updates from the Groups

After the August break many groups have planned a wide range of activities for the rest of 2022.

#### Art Appreciation

The next visits are:

Falmouth Art Gallery on Tuesday 19th October by train 10.06 service from Lostwithiel for 'Unholy Trinity' An exhibition of work by Lucien Freud, Adrian Ryan and John Minton.

Truro museum on Tuesday 16th November by train 10.06 service from Lostwithiel for an exhibition by local artist Tony Foster entitled Fragile Planet.

## **Bird Watching**

Planned outings are:

<b>Date</b>	<b>Site</b>	<b>Time</b>	<b>Meeting Place</b>	<b>Leader/ Comments</b>
5th October 2022	Trevose Head	10.00am	NT car park at Trevose Head	Jasmina
9th November 2022	Davidstow and Camelford	10.00am	Davidstow airfield	Adrian
14th December 2022	Camel Trail from Wadebridge towards Padstow	10.00am	Start of trail near Bicycle Hire	Marion

## **Bridge**

Our bridge group is now into its 10th year, having kicked off as soon as Lostwithiel U3A began. Some of us playing together from the start, others just a month or two ago. We continue to meet on Wednesday afternoons, usually at Jenny's home, sometimes visiting three other members homes. Whilst the game keeps us mentally alert so does the friendly banter as we socialise at teatime.

## **Creative Writing**

The group has used the summer break as time to compose a very short (500 words) story about The School Run. The group have changed venue, too, and now meet at the Royal Oak.

## **Day Trippers**

Are delighted that 31 members of our U3A have joined our new group.

## **Family History**

From the 19th October 2022 Family History is moving to a mixed format of meetings, some "physical" face-to-face and others Zoom. The latter mainly when we have Speakers. Our next Speaker meeting is 16th November 2022.

We're also trying out a new venue and have booked the Lerryn Memorial Hall for October as it now boasts good wi-fi connection.

The likely format will continue to be a speaker event every 2 or 3 months with an "experience-sharing session" about our various research experiences in between. We will also be looking at visiting Kresen Kernow, the Cornish archive centre for a guided tour on the 8th February (this will replace our usual Feb meeting).

## **French**

Our meetings are held on the 1st and 3rd Tuesdays of each month in the Church Rooms, Lostwithiel. Time 2 -3.30pm. There is a small charge to cover room hire and a hot drink.

We have so much fun and laughter that we considered renaming ourselves "French Farce!" Another suggestion was "Lost in Translation".

So come along and have some fun and refresh your French at the same time.

Most of our members have some school French, so it is not really suitable for absolute beginners.

À bientôt

### **Garden Visits**

The last visit of the year when we will visit **Lukesland Garden** near Ivybridge has been fixed for **Wednesday 2nd November**, leaving the LCC car park at 10.00am. Full details will be sent in due course. Fingers crossed for lovely weather that day so that we can enjoy the autumn colours.

### **Photography - Activities in October**

Mon	3	Oct	Photography Extra Meeting on Zoom	5pm	Heidi - any use of the Colour Wheel
Thurs	20	Oct	Platform Meeting on Zoom	2pm	Lynda's Mystery Meeting!
Thurs	27	Oct	Field Trip	tbc	Wheal Martyn - autumn colour

### **Wine Appreciation**

The next meeting is on the 31st October at 3pm.

### **Group Leader needed for Garden Visits**

You will recall that about a year ago Annie said that she would be retiring from her role as Group Leader at the end of 2022. It is still her intention to do this so this successful and popular group needs a new leader so that garden visits can be planned for 2023.

Anybody taking on the role will be given help by Annie on how to use the website and our Beacon communication system. This is straightforward.

If you are tempted to become the group leader, but need to find out more before committing yourself, do not hesitate to contact Annie by e-mail or on 01208 871272.

### **Not u3a but...**

You may remember a talk by the Children's Hospice South West who are are now extending an invitation to join them on a Moonlight Memory Walk The Lost Gardens of Heligan for an uplifting evening whilst supporting local families with every step.

The evening will include a special memory ceremony where we remember your loved

ones and then choose to complete either a 2k or 4k route in the calm and beauty of Heligan's lit paths and stop at one of our four new memory points.

Where: The Lost Gardens of Heligan

When: Saturday 12 November 2022

Time: 6:00pm to 10:30pm

Cost: £14 (early bird discounts available online)

What's included:

- T-shirt, Moonlight medal, pasty and goody bag
- A candle bag and 'I am walking for...' back sign for you to personalise
- An online dedication page to add your loved one's name and photo
- A memory ceremony prior to the walk
- Free entry into The Lost Gardens of Heligan on the evening

If you can't join us on the evening, take part virtually by walking 4k, or a distance of your choice, in your own time and raising sponsorship.

Sign up online at: <https://www.chsw.org.uk/event/moonlight-memory-walk-2022>

Or call: 01726 871 800 for more information

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