

# Lostwithiel Area U3A Photography Group

To be read in conjunction with the Group's Risk Assessment

## PORTHCOTHAN FIELD TRIP 28th May 2026

<b>DAY AND DATE</b>	Thursday 28th May 2026 at 10.30am
<b>TITLE OF EVENT</b>	A Coastal Amble with Beachcombing Opportunities
<b>BOOKING ESSENTIAL (Y/N)</b>	No
<b>LOCATION</b>	Porthcothan Bay Grid Reference <b>SW 851722</b> what3words <b>prowl.hissing.thankful</b>
<b>CAR PARKING/ ENTRANCE FEE</b>	PL28 8LW £2.50 up to 1 hour, 1-2 hours £5.10, 2-4 hours - £7.50 Please note payment is by coin and Chip and Pin. Pay by phone is <b>not</b> available
<b>TIME OF START AND FINISH</b>	10.30 am to when you've taken enough photographs
<b>MEETING POINT</b>	Cafe on lane to beach (across the road from the car park)
<b>INFORMATION ON MAIN POINTS OF INTEREST</b>	Located between Padstow and Newquay Porthcothan is a narrow NW bay backed by grassy dunes. To the west, along the coastal path, are Trescore Islands and a small blow hole while to the north the cliffs rise before descending to Treyarnon Bay.
<b>REFRESHMENTS</b>	Cafe and public toilets in car park
<b>NAME OF LEADER(S)</b>	Rose Cross
<b>ORGANISATION</b>	Lostwithiel u3a
<b>DISABLED ACCESS (Y/N)</b>	No