

Lostwithiel Area U3A Photography Group

To be read in conjunction with the Group's Risk Assessment

FIELD TRIP insert date here

DAY AND DATE	Thursday 22 nd January 2026
TITLE OF EVENT	NEWQUAY IN WINTER
BOOKING ESSENTIAL (Y/N)	No
LOCATION	Newquay beach front
CAR PARKING/ ENTRANCE FEE	Station car park TR7 2NF (Day £12). Albany Rd car park TR7 2NQ (4hrs £5.30, day £6.70).
START/FINISH	10.00 -1400+
MEETING POINT	SALTD Café, 6 Station Parade TR7 2NF (With train station behind you, turn left onto main road and its just after Burger King – 1 minute walk from station)
INFORMATION ON MAIN POINTS OF INTEREST	Newquay in its winter finery: seaside shops & beach shacks, plus Towan, Great Western & Tolcarne beaches, Blue Reef Aquarium and interesting characters of weather-beaten hue. With high water at 0700 and low at 1300 there's plenty of photo-ops of sand, sea, dogs and winter surfing. A trudge to the harbour for the so inclined. Toilets in restaurants plus at train station (Free), Narrowcliff TR7 2RR (50p) and Killacourt TR7 1DN (50p).
REFRESHMENTS	Meet with coffee at Saltd @ 0930 Lunch at Mix (yes, MIX, not far from Saltd) @ around 1300hrs subject to weather and inclination
NAME OF LEADER(S)	Roger Williams (0771 434 7962)
ORGANISATION	IMPORTANT – Do see the accompanying Risk Assessment, wear suitable winter clothing, do not enter the sea nor stand dangerously near the water, bring loose change/cards for public toilets, and take due care crossing the roads.
DISABLED ACCESS (Y/N)	No – curbs, slopes, steps and beaches